



Workshop Name:

Critical Incident Stress

Workshop Overview:

COVID-19 has demonstrated the profound effects it has placed on healthcare. It has played havoc on patients, residents, staff, and families. In addition, it has stressed employers, society, and caused an increase in behavioral/mental health issues. This workshop identifies the physical, behavioral/mental health, and emotional consequences of individuals experiencing a “Critical Incident” and/or long-term exposure to chronic stress. This workshop is designed to define the types of critical stress, the warning signs, and symptoms and provide examples of Critical Incident Stress Management Policies/Procedures. In addition, the workshop will identify intervention strategies as well as comprehensive recovery resources to help those affected.

Workshop Objectives:

1. Identify the physical-spiritual, emotional, and behavioral consequences of individuals experiencing a “Critical Incident” and/or long-term exposure to chronic stress
2. Define the types of critical stress, the warning signs and symptoms, diagnosis, and Critical Incident Stress Management Policies/Procedures
3. Identify intervention strategies as well as comprehensive recovery resources to help those affected

Recommended Participants: Healthcare Provider Emergency Planning and Response Teams

Workshop Length: 1.0 Hours

Prerequisites: None

Cost: \$75

Continuing Education Credits

Illinois Registered Nurses, Nursing Home Administrator and Licensed Social Workers/Licensed Clinical Social Workers. This activity has been submitted to Elderwerks for Contact Hours. For more information call: [847-462-0885](tel:847-462-0885) Elderwerks provides free senior housing and care referrals, guidance, and support. All other participants shall receive a “Certificate of Participation”.

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