

Collaborative Healthcare Urgency Group

A.R.M.E.D. TIP SHEET

Vol. 1 Edition 7

Tornados

Two most important things to do:

Go to the lowest floor possible.

Put as many walls as possible between you and the tornado.



Tornado Watch

Indicates tornadoes and/or severe thunderstorms are possible. Review tornado safety rules. Monitor local weather closely. Seek alternative shelter if you live in a mobile home

Tornado Warning

An urgent message that a tornado has been sighted or detected by Doppler radar. Move quickly to a place of safety and take cover

Outdoor Warning Sirens

Some local communities activate outdoor warning sirens when local severe weather spotters sight a tornado or funnel cloud. When sounded, the sirens indicate that dangerous weather is in the immediate area

An urgent message that a tornado has been sighted or detected by Doppler radar. Move quickly to a place of safety and take cover

If a tornado threatens and you are:

In a house or small building:

Go to the basement. If there is no basement, go to an interior room on the lowest floor.

Take cover under something sturdy like a staircase or workbench.

Cover yourself with a blanket, pillows or cushions to soften effects of flying glass and debris.

Stay away from windows and outside walls.

In a mobile home or automobile:

Get out. Neither is a shelter against a tornado. Seek shelter in a permanent, sturdy structure.

If no shelter is available, lie in a ditch or low-lying area away from mobile homes and vehicles.

Lie flat and protect your head with your hands.

In a shopping center, school building or factory:

Go to a pre-designated area if available. Avoid buildings with large span roofs.

Find an interior room, closet, bathroom or hallway. Stay away from windows.

For More Info Check Out:

www.nws.noaa.gov

